

THE VIOLA WORKOUT 2010

The Viola Workout is an opportunity for serious music students to spend time outside of their daily surroundings by focusing on musicianship, technical skills, and individual growth.



Robert Becker is Principal Violist of the Pacific Symphony Orchestra. He is both Director of String Studies and Assistant Professor of Viola at Chapman Conservatory of Music. (Link to Becker's Bio go to chapman.edu type becker in the search). Beginning with only five violists in the first "Workout" in 2000, it has now expanded to over thirty violists, in addition to violinists, cellists, pianists, and vocalists.



By adding other instrumentalists to the Viola Workout program, all participants now have the opportunity to broaden their knowledge of the classical music repertoire by partaking in chamber music rehearsals, coachings, and master classes. Every chamber group performs for the Crested Butte community throughout the two week session in a series of free concerts at the UCC Church, Oh Be Joyful Church, Crested Butte Academy, High School, Elk Lodge, and Cristiana Guesthaus.

Participants in the Viola Workout spend three to four hours a day (monitored) in individual practice, plus chamber music rehearsals, rehearsing with pianists, or in teaching “pods” with fellow students. Lessons with Professor Becker, Chapman Conservatory Adjunct Professor of violin, William Fitzpatrick (chapman.edu search Fitzpatrick), and other faculty members are scheduled throughout the duration of the camp. Pianists are available for rehearsals/performances, and master classes are held every few days.



Today, the Viola Workout includes personal and group instrumental lessons, master classes, outdoor activities, and workshops that enhance individual growth, examine personal performance issues and problems, and increase musical performance skills. The staff includes professional musicians and teachers as well as a luthier, yoga instructor, published poet/writer, and a clinical psychologist. Last year saw the addition of composer and fellow Chapman Professor Sean Heim!! His insights into composition and coachings were invaluable to all participants. The Viola Workout is pleased to announce his return to the 2010 events.



In past years, all participants have attended on a full scholarship basis once invited. This year that is simply not possible. The Viola Workout is a federally recognized Not For Profit corporation. We are asking that each participant raise a portion of his/her costs of attendance via family or other donations. Recognizing that not all families are in fiscal position to do so, we are seeking support from our community in order to maintain the level of excellence that has been continuous at the Viola Workout for the past decade. Help us continue to shape the musicians of the future by providing a generous donation to further their education.

Checks can be sent to :

The Viola Workout
c/o Robert Becker
2105 Louise St
Santa Ana, CA. 92706

The Viola Workout is a Federally registered Not for Profit (Tax ID furnished upon request).